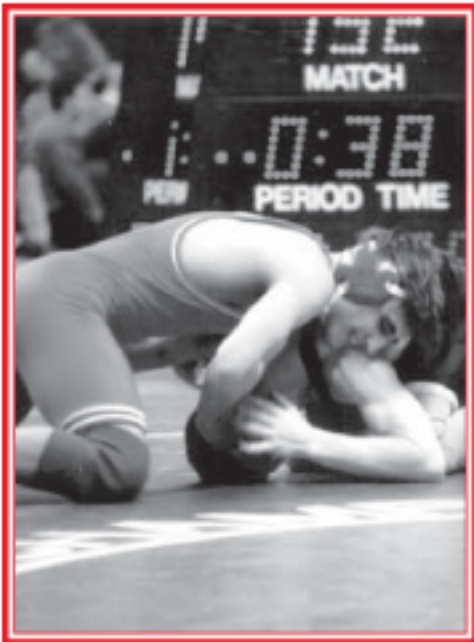


NORTHWEST WRESTLING

Hall of Fame



~ Doug Ruehling ~

Class of 1995

Doug Ruehling was a four year letterman and a four year district qualifier for Northwest High School. His freshman year he was a district qualifier at 112lbs. and placed third in the NBC conference meet. In Doug's sophomore season he won the championship at the NBC tournament and qualified for the districts. As a junior Doug posted a 24-7 record and won the Northwest Invitational. He placed fourth at the Bill Dies Memorial tournament and was a runner up at the Northeastern Buckeye Conference tournament. Doug was sectional runner up and posted 120.5 team points and 55 takedowns. Doug was a 1995 state qualifier posting an impressive 26-8 record during his senior season. He accumulated 123.5 team points and 64 takedowns. Doug placed fourth at both the Barnesville Invitational and the Bill Dies Memorial Tournament. He was also at three time Northwest Invitational Champion and was selected as Outstanding Wrestler of the tournament his senior year. Doug was sectional champion and placed fourth in the rugged Firestone district. He was selected to the Stark County All Stars first team as well as the NBC first team. He capped off a brilliant career at Northwest by recording 100 career wins. Doug and his wife Lindsay are now living in Massillon.

Class of 2007

